

# THE ROLE OF ISLAMIC EDUCATION IN PREVENTING NAPZA ABUSE

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## Abstract

Drug abuse (Narcotics, Psychotropics, and Addictive Substances) is one of the significant social challenges, especially among adolescents. Islamic Religious Education (PAI) has an important role in preventing drug abuse through instilling strong moral, spiritual, and ethical values. This study aims to explore how Islamic education can be a preventive solution in shaping the character of the younger generation so that they are able to face social challenges, one of which is drug abuse and avoid other negative influences. The method used is the Systematic Literature Review (SLR) to identify, evaluate, and synthesize the results of previous studies. The results of the study indicate that Islamic Education is effective in shaping the awareness of the younger generation about the dangers of drugs, both through formal learning at school and in the community, such as participating in youth activities at the mosque. This education is also able to increase self-control, strengthen faith, and build resilience against the temptations of a detrimental environment. This study recommends strengthening the curriculum based on Islamic values, socialization that provides information, education, or coaching routinely and continuously, and collaboration between families, schools and communities as an effort to build an environment that supports drug prevention. With a holistic approach, Islamic education can be a main pillar in protecting the younger generation from the threat of drug abuse.

**Keywords:** *Education, Islam, Social, Character, Drugs*

## Introduction

Education is an effort made consciously by individuals to others over a certain period of time. In addition, education plays a role as a process to transfer knowledge, culture, and values that develop in one generation so that they can be passed on to the next generation. In general, education aims to form a civilization that supports the progress of society (Arif & Kalimatusyaro, 2020). In Islamic education, the focus is on emphasizing the formation of good morals, strengthening religious values, and discipline in carrying out religious orders and avoiding prohibitions. Islamic Religious Education has a very important role in shaping the character of adolescents who have noble morals, are honest, responsible, and able to control themselves well. These characters are very important in dealing with pressure and temptations from the environment that can push someone to deviant behavior, including the abuse of narcotics, psychotropic drugs, and addictive substances (NAPZA). NAPZA abuse has now become part of the increasingly complex problem of juvenile delinquency. The destructive impacts it causes are almost evenly distributed in various major cities in Indonesia. According to Rofi Munawwar, drug abuse is a moral issue that has the potential to increase crime rates and various other forms of social deviation, such as theft, fraud, adultery, murder, and so on (Rahimi, 2022). Through Islamic Religious Education, adolescents can engage in a positive and supportive religious community, which can help them develop with good values and away from negative influences (Siregar et al., 2024). Islamic education can provide a solid foundation to face various social challenges, including drug abuse. With the right approach, Islamic education can be an effective tool in preventing this substance abuse. One of the main elements in Islamic education is the instillation of deep religious values. These values play an important role in helping individuals make wise decisions and avoid bad behavior. In the Islamic view, anything that damages the mind, memory, heart, soul, mental, and physical health, such as alcohol, is included

in the category that is forbidden by Allah SWT. Therefore, drugs are also considered forbidden. Given the enormous negative impact of drugs and their rapid spread among the younger generation, real steps are needed to overcome them. One way is to strengthen faith and piety through mosque youth activities (Wafiqah et al., 2024).

By implementing Islamic educational values, it can teach the wider community about the dangers of drug abuse and the importance of maintaining health and self-respect according to religious teachings. In addition, Islamic education also emphasizes the development of emotional and social intelligence, which helps individuals deal with social pressure and avoid negative influences. Through a curriculum based on Islamic values, education can function as an effective early prevention, forming positive behavior and strong resilience against various temptations or pressures to abuse drugs. With the implementation of this Islamic education, it should have become a provision for individuals to avoid drug use. Islamic religious education has a very important role in building a person's character and morals. Islam is not just a collection of ritual rules, but also a system of values and ethics that encompasses various aspects of life, including taking action and decisions related to drug abuse (Siregar et al., 2024).

However, in fact, drug abuse remains a major challenge faced by the global community, including Indonesia. According to the report of the National Narcotics Agency (BNN), in 2022 there were 851 cases of narcotics and drug abuse in Indonesia, an increase of 11.1% compared to 2021 which recorded 766 cases. In addition, the number of suspects in drug cases reached 1,350 people throughout the year (Hilmi, 2023). Based on data related to educational background, drug abuse was found at various levels of education, with details of around 10.6% coming from elementary school, 22.9% from junior high school, 63.1% from high school, and 3.4% from college. It is estimated that there are around 3.2 to 3.6 million Indonesians involved in substance abuse. Of that number, around 15 thousand people lose their lives each year due to drugs, with around 78% of the victims who died being young people aged between 19 and 21 years (Wahyuningsih & Manshuruddin, 2024). The increasing number of drug abuse cases, both at the local, provincial, national, and global levels, is a serious problem that requires a solution so that similar cases do not continue to increase. The Indonesian government has carried out various efforts, including conducting socialization to increase awareness of adolescents and the community about the dangers of drugs as a preventive measure, but have not achieved the expected results (Ismail et al., 2021). The problem of drug abuse has developed into a major issue that continues to increase and is increasingly difficult to overcome or stop, drug abuse among adolescents continues to occur due to minimal guidance in the field of education, especially in the aspect of religious education, as well as weak supervision from parents, which makes it difficult for adolescents to control their urges (Arif & Kalimatusyaro, 2020). The family has a major influence in education on the growth of children's personality and faith (Caniago, 2022).

Consuming drugs, especially narcotics and psychotropic drugs, can have a negative impact on a person's physical condition and cognitive abilities (Roviqoh Budiono & Wahdan Najib Habiby, 2023). Drug addicts are individuals who use illegal substances for a long period of time, exceeding the recommended dose, and not for medical purposes, but rather to feel the effects. This practice can cause serious disruption to the well-being of their body, mind, and social relationships. If this situation is not immediately addressed professionally, the impact will not only be felt by the individual, but also by those around them. Fortunately, there are alternative solutions that can help in the treatment and recovery process for drug abusers who are victims who can undergo recovery through rehabilitation programs that include both medical and non-medical approaches (Ulfah & Jistiadini, 2021).

Islamic religious education plays a crucial role in building a person's character and morals. One of the major challenges facing modern society is drug abuse, which has serious negative impacts and is detrimental to the younger generation (Siregar et al., 2024). Islamic religious education plays an important role in anticipating the negative impacts of unhealthy access to information. However, there are still some people who are not aware of these dangers. They actually take advantage of the progress of the times for negative things, such as free association, distribution, and abuse of drugs, which can threaten human life, especially among the younger generation, students, or students (Saefudin, 2020).

Based on the results of the literature review, a research gap was found regarding the role of Islamic

education in preventing drug abuse. This study aims to explore the contribution of Islamic education in prevention efforts, especially in influencing individual attitudes, knowledge, and behavior. By understanding the role of Islamic education in preventing drug abuse, this study is expected to provide a significant contribution to the development of effective and comprehensive prevention strategies.

**Methodology**

This study uses the Systematic Literature Review (SLR) methodology with the aim of identifying, evaluating, and summarizing existing research findings. The literature review process consists of several stages. (1) formulating research questions,

(2) search for literature, (3) select literature, (4) analyze and interpret data, and (5) prepare a review.

In the initial stage, the researcher formulated a clear and specific research question as the focus of the SLR. The formulation of this research question resulted in a study focus on the theme of the role of Islamic education in preventing drug abuse, which includes three main aspects: the values of Islamic education in shaping adolescent character, the effectiveness of Islamic Religious Education and strategies for preventing drug abuse. The literature search was carried out with a comprehensive strategy to identify relevant literature sources.

After that, the literature was then selected based on various criteria, including type of research, publication year range, language, and relevance to the research question. This process resulted in 20 articles used as literature search materials. The selected articles were then analyzed and the data interpreted to obtain conclusions regarding the topic being studied (Nazib et al., 2023).

**Results**

**The Role of Islamic Education in Shaping the Character of the Young Generation**

Islamic education plays an important role in shaping the character of the younger generation. Through a deep mastery of Islamic teachings, they can apply these values in their daily lives. Islamic religious education not only makes them aware of moral responsibility, but also fosters a sense of justice and strengthens mutual respect for existing differences (Perangin & Daulay, 2024). Islamic education plays an important role in shaping a person's character by instilling moral, spiritual, and social values.

**Table 1.** Article representation regarding the role of Islamic education in shaping the character of the younger generation as an effort to prevent drug abuse.

Article Title	Writer	The Role of Islamic Education in Shaping the Character of the Young Generation
The Role of Islamic Education in the Formation of the Character of the Young Generation	(Perangin & Daulay, 2024)	Islamic education plays a role in building a solid foundation to help students understand moral and ethical principles. Through Islamic education, student not only gain religious knowledge, but also taught about the importance of moral and ethical values in life daily. This education helps the young generation to understand the meaning of patience, steadfastness, and devotion to Allah, which is a provision for facing social pressure and avoiding bad behavior which is not good.

<p>The Importance of Islamic Education in Character Formation of Students in Schools</p>	<p>(Faizah, 2022)</p>	<p>Schools play an important role in shaping the Islamic character of their students by implementing various strategies both in the teaching and learning process in class and in activities outside the classroom. One effective way is to instill Islamic religious values consistently, as well as providing examples in actions and words. Which reflect noble morals.</p>
<p>The Role of Islamic Religious Education in Forming Honest Character in Students</p>	<p>(Apriyani &amp; Efendi, 2023)</p>	<p>Islamic education plays an important role in developing honest character, especially in difficult times when students often feel doubtful in choosing the right actions and attitudes. Through Islamic religious education, students are taught values that help them enter integrity into everyday life.</p>
		<p>Educate and help them grow into individuals who are virtuous, ethical, and have high morals. Be individuals who are moral, ethical, and have a strong sense of morality. With a holistic approach and active collaboration between teachers, parents, and the community, teachers in Islamic religious education can act as agents of change and produce a young generation who are empowered to provide contribution positive for society and the nation. We cultivate.</p>
<p>Islamic Religious Education as a Pillar of Moral and Ethical Formation</p>	<p>(Romlah &amp; Rusdi, 2023)</p>	<p>Islamic religious education plays a very important role in the development of moral and ethical principles of Muslims. This religious education helps in understanding and implementing Islamic teachings, raise awareness moral,strengthen faith and provide guidelines for good behavior. Teach valuessuch as justice, honesty, courtesy, patience and tolerance will develop character positive and responsible. Furthermore, Islamic</p>

		religious education also teaches universal values such as mutual respect. respect others, and protect the environment.
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### Islamic Religious Education in Facing Social Challenges

Islamic education has an important role in guiding the younger generation to understand essential values such as patience, steadfastness, and devotion to Allah. With this understanding, they will be better prepared to face social pressures and avoid negative behavior (Perangin & Daulay, 2024). Islamic Religious Education (PAI) has a very important role in helping individuals, especially the younger generation, face various social challenges in the modern era. In the midst of rapid changes in the era, society faces issues such as moral crisis, the spread of negative culture, social conflict, and the degradation of religious values. In this context, PAI functions as a foundation for instilling solid moral, ethical, and spiritual values.

**Table 2.** Article representation regarding Islamic Religious Education in Facing Social Challenges as an effort to prevent drug abuse

Article Title	Writer	Islamic Religious Education in Facing Social Challenges
Islamic Religious Education with a Global Perspective as a Basis for Paradigms and Solutions in Facing the Era of Society 5.0	(Sembiring et al., 2024)	Islamic religious education in a global perspective is the most important paradigm and solution in the era of Society 5.0. This approach equips individuals with a strong moral foundation, sophisticated emotional intelligence, and understanding deepabo ut global trends. This training also promotes inclusivity, dialog intercultural
		The main thing is to design a truly original educational model, rooted in the basic concepts of Islam, and in harmony with the socio-cultural context of Indonesia. The right solution is to adapt a modern educational approach into Islamic education system.
Islamic Education in Handling Global Challenges	(Mardiah Astuti et al., 2023)	Islamic education plays a very important role in shaping the character of students, which is the main provision for adapting in lifein society. Character education can be a powerful approach to addressing the various global challenges that faced by Muslims.

**Drug Abuse Prevention Strategy through Islamic Education**

Through Islamic Education, adolescents are given a deep and correct understanding, just like the understanding of the companions, that the Islamic teachings studied are an obligation that must be practiced by every Muslim. Adolescents who have known, understood, believed, and believed in the teachings of prayer, fasting, zakat, noble morals, and faith, have the responsibility to practice them. Thus, Islamic Education is expected to be an effective means of preventing aggressive behavior and drug abuse among adolescents (Ismail et al., 2021).

**Table 3.**Article representation regarding Drug Abuse Prevention Strategy through Islamic Education

Article Title	Writer	Drug Abuse Prevention Strategy through Islamic Education
The Role of Islamic Education in Overcoming the Attitudes of Drug Addicts	(Ismail et al., 2021)	Islamic education can help overcome aggressive behavior among drug students through programs. Which focuses on five principles of therapy: family, peer themes, therapy, religion, and example.
Efforts of the National Narcotics Agency In Prevention of the Dangers of Drug Abuse for Teenagers in Lhokseumawe City With Islamic Education	(Mukti et al., 2022)	The National Narcotics Agency has made various prevention efforts through two main approaches. First, prevention efforts are carried out by spreading information through media such as banners, billboards, banners, and counseling to villages through the Gampong Bersinar (Clean Drugs) program. In addition, BNN also conducted urine tests, held interactive dialogues through RRI radio, and held the BNN Menyapa program which aims to reach various villages. The second approach is related to with community empowerment carried out through training, coaching, and workshops on family resilience. For example, sewing training for teenage girls and mothers as well as catfish cultivation aimed at teenagers and gentlemen.

<p>Efforts of Islamic Religious Education Teachers in Preventing Drug Abuse In vocational school Muhammadiyah Banjar</p>	<p>(Mauluddin, 2023)</p>	<p>Islamic religious education teacher in Vocational School Muhammadiyah Banjardesigning learning according to the curriculum and related materials to prevent drug abuse. This step is implemented through intracurricular learning. Which includes verses from the Qur'an that prohibit the use of drugs. In addition, various extracurricular activities. Also implemented, such as raids and monthly seminars on the dangers of drugs, and the Pondok Ramadhan program which aiming streng then faith and noble morals student.</p>
<p>Drug Abuse Prevention Strategy Through Empowerment Islamic Religious Counselor in Sukabumi Regency</p>	<p>(Juanda, 2021)</p>	<p>Currently, religious instructors in Sukabumi Regency use various methods in implementing Islamic religious education to overcome drug and psychotropic abuse. The methods applied include lectures, consultation sessions, and skills training aimed at the drug users.</p>

## Discussion

Islamic education plays an important role in shaping the character of the younger generation. Through a deep understanding of Islamic teachings, they can apply these values in their daily lives. Islamic religious education serves as a means to make them aware of moral responsibility, foster a sense of justice, and develop an attitude of mutual respect for differences. Islamic religious education is not only a subject, but also a bridge that connects religious values with the challenges of the modern world (Perangin & Daulay, 2024).

The strategy of Islamic Education in Indonesia in facing the challenges of globalization needs to pay attention to various important aspects. The main thing is to maintain a commitment to Islamic teachings and religious education. This can be realized through strengthening the Islamic curriculum, improving the quality of education and learning methods, and implementing Islamic values in everyday life (Safitri et al., 2023). Globalization brings the influence of foreign cultures, including a culture of consumption and a glamorous lifestyle. Adolescents and society are vulnerable to being influenced by trends that encourage the use of drugs as part of a modern lifestyle, such as in nightlife or certain social pressures.

Islamic education plays an important role in overcoming aggressive attitudes among drug addicts through a structured mentoring approach in therapy programs. This approach consists of five main pillars: the concept of family, peer influence, therapy sessions, religious sessions, and role models. The family pillar serves to instill a sense of compassion, give advice to each other, and provide encouragement for clients. Furthermore, peer influence is directed to train activeness, independence, and leadership among them. In therapy sessions, aggressive attitudes can be controlled by grouping clients based on test and interview results, adaptability, and their development in participating in therapy activities. Religious sessions are one

effective way to prevent aggression, through various activities such as tadarus Al-Qur'an, seven-minute lectures, memorizing the Qur'an, praying in congregation, and mutual cooperation. Finally, the role model pillar emphasizes the importance of setting a good example for clients. The implementation of these five pillars of recovery is integrated into the Islamic counseling approach, so that it is expected to have a positive impact on the recovery process of drug addicts (Ismail et al., 2021).

### **Conclusion**

Islamic education plays an important role in preventing drug abuse through the formation of strong character, moral values, and strengthening of faith. By providing a deep understanding of religious teachings, the younger generation is equipped with the ability to face social pressures and environmental temptations. This education also functions as a medium for the transformation of religious and cultural values that contribute to self-control and the formation of noble morals.

Through approaches such as intracurricular teaching, religious activities, and guidance programs based on Islamic values, Islamic Religious Education becomes an effective means of instilling awareness of the dangers of drugs and building self-resilience against the negative effects of globalization. Thus, Islamic education is not only a preventive measure, but also a holistic solution in dealing with social challenges faced by modern society.

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